

IDEAS FOR EXPANDING YOUR BRAINSTORMING LIST

Consider the following ideas as you continue to add items to your personal narrative brainstorming list.

- Early childhood memories
- Elementary memories
- Obsessions (bands, stuffed animals, clothing, sports teams)
- First experiences
- Idiosyncrasies (things unique to you, habits you possess)
- Dreams, hopes, goals
- Things that confuse you
- Passions (dance, music, theater, friends, food, books, the environment)
- Sorrows (disappointments, friend experiences that went wrong, death)
- Risks taken
- Accomplishments
- Fears (real or imagined)
- Worries
- Fantasies
- Family (immediate, distant, friends, folks close to your family who are “like” family)
- Friends then and now
- Popular trends
- Things that you used to like or were a favorite of yours
- Pets then and now
- Teachers, substitutes then and now
- Places: school, camp, trips, your bedroom, times away from home
- Hobbies
- Sports (groups you’ve been involved with)
- Playing games
- The arts (music, dance, theater, visual art forms)
- Novels and/or writers
- Movies
- Pet peeves (social justice)
- Beloved items – objects and possessions – now and then
- All the loves of your life
- Historical events you’ve experienced
- Accidents you’ve experienced
- Holidays
- Confrontations (family, friends, teachers, neighbors)